



RACE BAG CHECK LIST



Bike Related

BIKE!!!!
Race wheels
Pump
Spare tube
Tools

Clothing Related

Helmet
Jersey
Long sleeve jersey
Shorts
Shoes
Socks
Gloves
Vest
Arm warmers
Leg warmers
Rain coat
Skinsuit
Shoe covers
Sun glasses
Cycling hat
Dry change of clothes

Other

Energy bars
Recovery drink
Recovery food
License
Money
Water
Water bottles
Number pins
Clean towel
Insurance card
Hydration bottle
Warm-up music